

Anxiety

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Comprehensive Neurofeedback Bibliography

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Frank H. Duffy, M.D., Professor and Pediatric Neurologist at Harvard Medical School, stated in an editorial in the January 2000 issue of the journal *Clinical Electroencephalography* that the scholarly literature suggests that neurofeedback should play a major therapeutic role in many difficult areas. "In my opinion, if any medication had demonstrated such a wide spectrum of efficacy it would be universally accepted and widely used" (p. v). "It is a field to be taken seriously by all" (p. vii).

An objective guideline for evaluating the efficacy of neurofeedback treatments:

La Vaque, T. J., Hammond, D. C., Trudeau, D., Monastra, V., Perry, J., Lehrer, P., Matheson, D., & Sherman, R. (2002). Template for developing guidelines for the evaluation of the clinical efficacy of psychophysiological interventions. *Applied Psychophysiology & Biofeedback*, 27(4), 273–281.