

## Optimal Functioning, Peak Performance

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## Comprehensive Neurofeedback Bibliography

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Frank H. Duffy, M.D., Professor and Pediatric Neurologist at Harvard Medical School, stated in an editorial in the January 2000 issue of the journal *Clinical Electroencephalography* that the scholarly literature suggests that neurofeedback should play a major therapeutic role in many difficult areas. "In my opinion, if any medication had demonstrated such a wide spectrum of efficacy it would be universally accepted and widely used" (p. v). "It is a field to be taken seriously by all" (p. vii).

### **An objective guideline for evaluating the efficacy of neurofeedback treatments:**

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